



WHITNEY | my MS story

diagnosed in 2015

In early February 2015, I woke up with pain behind my left eye and white splotches obstructing most of my vision. After several days, I was hospitalized and diagnosed with optic neuritis, a common sign of multiple sclerosis. After steroid infusions, multiple blood tests, MRIs, and a lumbar puncture, I was diagnosed with MS the following month. My MRIs showed not only the damage to my optic nerve, but also lesions on my brain and along my spine. Since then, I am happy that my vision has been almost fully restored, and the other MS symptoms that I had been ignoring for a few years are minimal and annoying, but not yet debilitating.



It seems crazy that three years have passed since my MS diagnosis. Through medication, dietary changes, exercise, and the prayers of family and friends, I am pleased to say that my disease is currently stable. However, the fight isn't over. I'm determined to do my part to help find a cure for this disease for myself, my family and the millions of others affected. I have organized and led teams for Muckfest Houston and Walk MS for the last three years. It is an exciting time to have multiple sclerosis, as many advances have been made and many more are on the horizon.

I am thankful for this disease, as it has allowed me a better understanding of my personal strength. It has also helped teach my three children a valuable lesson: life doesn't always go how you think it should, but it's important to be resilient, stay positive and work to make the best of your situation. **We appreciate your help in this fight as we look to answers and solutions to the multiple sclerosis mysteries. I have faith that we will find a cure so that I may remain active and healthy!**

bike
MS champions

Don't just ride, Bike MS