

BIKE MS SPIN CLASS SCHEDULE

New Orleans Area:

Elmwood Fitness Center at 7 pm

7/14/2015
 7/28/2015
 8/11/2015
 8/25/2015
 9/8/2015
 9/22/2015



1200 S. Clearview Pkwy
 Suite 1200
 Harahan, LA 70123



514 City Park Ave
 New Orleans, LA 70119



The Parks Health & Fitness at 6 pm

7/23/2015
 7/30/2015
 8/6/2015
 8/13/2015
 8/20/2015
 8/27/2015
 9/3/2015
 9/10/2015
 9/17/2015
 9/24/2015
 10/1/2015
 10/8/2015



111 Robert E Lee Blvd
 New Orleans, LA 70124

North Shore Area:

Pelican Athletic Club at 6 pm

7/7/2015
 7/14/2015
 7/21/2015
 7/28/2015
 8/4/2015
 8/11/2015
 8/18/2015
 8/25/2015
 9/1/2015
 9/8/2015
 9/15/2015
 9/22/2015
 9/29/2015



1170 Meadowbrook Blvd.
 Mandeville, LA 70471

July through September higherpower NOLA is offering 15% off their 5 & 10 class packages. Packages must be bought in studio and you will need to bring a copy of your participant center page.