Breakpoints

Breakpoints are points of high rider congestion
Use caution when entering and exiting a breakpoint

Entering:
• Stay to the right or left of the lane depending on the placement of the breakpoint on the right or left side of the roadway
• Announce you are stopping and then move quickly and completely into the breakpoint.
• Communicate with hand signals and callout your intentions
• If stopping, ride ALL THE WAY INTO THE BREAKPOINT before stopping
• DO NOT STOP IN THE ROADWAY!
• If you are not stopping at a breakpoint, slow down then stay on the appropriate side of the lane to avoid those who are entering/exiting the breakpoint.

Exiting:
• When exiting a breakpoint do so from the down route side of the breakpoint.
• Watch for oncoming cyclists or traffic, and slowly and safely merge back into the ride.
• DO NOT STAGE IN ROADWAY AND THEN PREPARE TO START!
• Be ready to ride once you move out of the breakpoint.